

GREYSHEETERS ANONYMOUS MEETINGS * METRO NEW YORK AREA, LONG ISLAND, NORTH JERSEY

All meetings one hour unless indicated. 'WC'= Wheelchair Accessible. **APRIL 2, 2019**

PLEASE SEND MEETING LIST CHANGES TO & GET UPDATES FROM: Pam W, cell 917-882-7667 or email bandpwood@aol.com

FIND HELPFUL INFORMATION ON THESE THREE WEBSITES:

Greysheeters Anonymous World Services - www.greysheet.org

Metro NY & Long Island Intergroup - www.greysheetny.org

Phone Bridge Schedule & Information - www.greysheetmeetings.org

MANHATTAN	MON	TUE	WED	THUR	FRI	SAT **	SUN **
EAST 125 Street, Harlem Childrens Zone 35 E125 St, Darie 212-831-8182, darie1449@gmail.com , Closed on national & school holidays. WC		6:45 PM					
UPPER WEST SIDE – Church of St. Paul & St Andrew, 263 W 86 St (Bway/WEA). Ask José at desk for room. Elevator goes to most meeting spaces—if you need to know, call ahead 212-362-3179, or ask Pam to call. Pam W - bandpwood@aol.com , 917-882-7667 WC				6:00 PM Qual			
						SATURDAY	SUNDAY
WEST SIDE WAKE-UP – The Paris Baguette, 2568 Broadway (East side of Bway, btwn 96 & 97 th Sts). Either Pat H (cell 347-907-1159) or Phoebe B (cell 917-463-6861) will always be there						7:30 AM “GS Big Book”	
SOLDIERS CLUB, 283 Lexington Av (between 36 & 37 Streets). OPEN ALL HOLIDAYS. Please call ahead for wheelchair lift 212-683-4353. 8:30 AM Yvette H, yvettehtaylor@gmail.com 10:00 AM Jacqui singdiva32000@yahoo.com	OPEN ALL HOLIDAYS					8:30-9:45 AM Step & 10-11:15 AM Qual	
NY METRO INTERGROUP MEETS at Soldiers Club 283 Lexinton Ave, 2 nd Fl. – btwn 36 & 37 Sts All are welcome – only GSRs and alternates vote; Contact Theda thedasgsa@gmail.com				Meets once a → month, usually the 1st Saturday		11:15 AM INTER-GROUP	
HARLEM ‘NO MATTER WHAT’ CREW– Scan NY, Lehman Cornerstone Comm’y Ctr, 1589 Madison Av, NY 10029 (E 107 St). Annett C, 646-286-7371. WC				Closed all school holidays →		2:00 to 3:30 PM	
						SATURDAY	SUNDAY
FIRST THINGS FIRST - Soldiers Club, 283 Lexington Av (between 36 & 37 Sts). Pam bandpwood@aol.com Please call ahead for wheelchair lift 212-683-4353	OPEN ALL HOLIDAYS						10:00 -- 11:15 AM
ST MARGARETS HOME - 49 Fulton Street, NY NY 10038. OPEN ALL HOLIDAYS SUN 7:15 AM Rotating Lit; *Last Sun.anniv.celebrants qualify on Lit. of their choice; contact Rochelle (see 10 AM) SUN 8:30-9:45 AM Back To Basics / Tools – Sheila R sheilarao442003@yahoo.com SUN 10:00—11:15 Tools; Contact for 7:15 & 10 AM is Rochelle rochelle.kimmel@gmail.com	OPEN ALL HOLIDAYS 2, 3, 4, and 5 trains to Fulton St station In lower Manhattan					Lit & Anniversary → Basics & Tools → Tools →	7:15—8:30 AM 8:30—9:45 AM 10:00—11:15 AM
BROOKLYN	MON	TUE	WED	THUR	FRI	SAT **	SUN **
BROOKLYN HEIGHTS Realization Ctr, 175 Remsen St, 2 nd Fl. Contact: Marcia veganstar1@aol.com WC		6:30 PM Qual					
SATURDAY MORNING SERENITY – Brooklyn Heights Realization Ctr, 175 Remsen St, 2 nd Fl., Henry henryrose@gmail.com WC						11:00 AM Qual	
BORO PARK–Public Library, 1265 43rd St, mtg room one flight above main floor;) Closed some Jewish & all legal holidays. Chavie denmw301@gmail.com , Rochelle rochelle.kimmel@gmail.com . WC			10:15 AM**** Big Bk				

QUEENS	MON	TUE	WED	THUR	FRI	SAT **	SUN **
REGO PARK - Rego Park Library , 91-41 63 rd Drive, NY 11374. Stephen – misterrecovery@yahoo.com Closed for national holidays WC	6:45 PM	← CLOSES national holidays					
TRILOGY - Sun 6:30 pm - Grace Lutheran Church , 103-15 Union Turnpike, Forest Hills 11375,							6:30 PM
FLUSHING - Queen of Peace RC Church , 141-15 77 th Road, Zip 11367. Convent Building, basement, side entrance. GSR/contact Elizabeth emamrosh@gmail.com		5:45 PM Qual		5:45 PM Step & Trad'n			
LONG ISLAND - N A S S A U	MON	TUE	WED	THUR	FRI	SAT **	SUN **
GLEN HEAD GROUP. Our Savior Luth. Church , 16 Glenwood Rd (Basement). Exit 39 on LIE. Big parking lot. Aaron mraaronjones@yahoo.com WC	7:00 PM Qual	← NOTE back to original time					
WEST HEMPSTEAD, Wesley UM Church , 619 Fenworth Blvd (corn.Dogwood Av) in Franklin Square; George GSage@optonline.net		7:00 PM Qual					
PLAINVIEW, Northwell Plainview Hospital , 888 Old Country Rd., Zip 11803; 2nd Fl Classroom; Nina 516-637-7066, Sharan 516-983-4029 WC *NOTE 6:30 BIG BOOK MEETING ON HOLD UNTIL FURTHER NOTICE (7:30 CONTINUES AS USUAL).		6:30 PM Big Book* 7:30 pm Qual					
MANHASSET, Quaker Meeting House , 1421 Northern Blvd. Emphasis on W&Mg. No pets. Call or text contacts: Linda M. 516-398-4124; Janice 516-302-3666 NO MEETING WHEN SNOWING OR SLEETING WC			7:00 PM BACK to BASICS	← NO MEETING WHEN SNOWING OR SLEETING (per property owner)			
SYOSSET, North Shore Univ Hosp , 221 Jericho Tpk., Downstairs Doctors' lounge behind cafeteria. *** 7:00 PM, STEP/TRADITION; 8:00 PM QUAL'N Joey, jmelmore@optonline.net WC				7:00 pm StepTrad 8:00 pm Qual'n			
HICKSVILLE, Levittown Hall , 201 Levittown Pkwy, Hicksville NY 11801. Nina (516)637-7066 WC					11:00 AM		
FREEPORT, Freeport Library , 144 W Merrick Rd, Freeport NY 11520; Cheryl cheneal88@gmail.com WC					7:45 PM		
MINEOLA–Winthrop Hosp , 259 1 st St (btw 1 st & Mineola Blvd.) 1 st Floor, Hoag Conference Room; Sat mtg—no pets Sat: Linda Mc lindamack55@yahoo.com , Sun: Dottie, dottie301@hotmail.com WC						9:30 AM Qual; No pets	9:00 AM Qual
LONG ISLAND – S U F F O L K	MON	TUE	WED	THUR	FRI	SAT **	SUN **
SAINT JAMES, “Another Suffolk Meeting!” St James Episcopal Church , 490 North Country Road; meets in Admin Bldg on west side of Church GSR: Joey M - melmore@optonline.net	7:30 PM Qual						
DEER PARK, Ascension Lutheran Ch , 33 Bayshore Rd, Room 12. First Sunday each month will be Step Meeting, Step One in Jan. Maria 516-527-2327 WC				STEP mtg 1 st week of each month; begins with Step 1 January 2019 →			7:00 PM Qual /Step
NORTHERN NEW JERSEY	MON	TUE	WED	THUR	FRI	SAT **	SUN **
SUMMIT UM Church, 17 Kent Place Blvd. go up footpath on right, office door in back. Fellowship Room. Get good info re parking at listing on www.greysheet.org , or contact Linda G-S, LinKen2467@aol.com WC				Meets once a month on the 3 rd Saturday→		10:00 AM Qual	