

firestarter.flame@gmail.coms GREYSHEETERS ANONYMOUS MEETINGS - METROPOLITAN NEW YORK AREA & LONG ISLAND (web)

All meetings one hour unless indicated. 'WC'= Wheelchair Accessible. OCTOBER 10, 2016

MEETING LIST CHANGES (& get updates by email):

Pam W, 917-882-7667 or email bandpwood@aol.com

GSA WORLD SERVICES: www.greysheet.org Contribute via PayPal on website; or mail check to: GSAWS, PO Box 20098, Cherokee Station, NY NY 10021-0061; or email Treasurer Linda G-S at linken2467@aol.com for her snail mail.

OR JOIN THE 164 CLUB... donate \$10 or more each month by choosing "recurring donation" on the PayPal payment option.

NY METRO INTERGROUP: usually meets 1st Saturdays, 11:30 AM, Soldiers Club, 283 Lex. Ave, NYC. All welcome – GSRs and alternates vote.

Contact: Theda, thedascott@earthlink.com;

CONTRIBUTIONS (please help pay for new website, etc.)

Payable to, and send to: Greysheeters Anonymous NY, FDR Station, PO Box 1741, NY NY 10150-1741

NEW (NY) WEBSITE: www.greysheetny.org

M A N H A T T A N	MON	TUE	WED	THUR	FRI	SAT	SUN
UNION SQUARE – Realization Center, 25 East 15 St btw Union Square W. & 5 th Ave, 7 th Fl, NO cell phones, food, or drinks-only water ; Room 6, but check in at desk each week. Mon & Fri - Jim jimtnyc@yahoo.com , WC	Monday 7:45 PM		WEDS 7:45 PM NEW		FRIDAY 7:45 PM	Please check in each week with receptionist on 7 th floor. Bring ID & sign in with guard downstairs.	
EAST 125 ST – Harlem Childrens Zone 35 E.125 St. Darie darie1449@gmail.com , 212-831-8182 NOTE NEW TIME!!! WC		6:45 PM NEW TIME!!					
UPPER WEST SIDE – All Angels Ch, 251 W 80 Street (between Broadway & West End Ave). Info: upperwestsidegreysheet@yahoo.com OPEN ALL NATIONAL HOLIDAYS				5:30 PM Qual			
HARLEM – Boys & Girls Harbor, 1230 Fifth Ave (E. 104/105 Streets), Rm 411 ; Qual; GS lunch OK after mtg , Jim jimtnyc@yahoo.com . WC		:				2-3:30 PM Qual	
SOLDIERS CLUB, 283 Lexington Av (between 36 & 37 Streets) OPEN ALL HOLIDAYS - wheelchair lift Sat 8:30-9:45 AM Step; Sat10:00-11:15 Qual; Jacqui singdiva32000@yahoo.com Sun 7:15 AM Rotating Lit; *Last Sun.anniv.celebrants qualify on Lit. of their choice; Anne S – swernaj@aol.com Sun 8:30-9:45 AM* Back To Basics / Tools Sun 10:00—11:15 Tools; Anne S – swernaj@aol.com *Sun 8:30, no pets except documented service animals						8:30-9:45 AM Step	7:15 AM Lit/Anniv* 8:30-9:45 AM Bas- ics/Tools
WESTSIDE WEEKEND WAKE-UP, 94 Corner Café, 2815 Bway at 94 St – s.e. corner (outside, weather permitting). Phoebe B phoebennett@yahoo.com , Pat H. 347-907-1159 (talk/text).						7:30 AM	7:30 AM
WEST 63rd ST – Westside YMCA, 5 W 63 St (btwn Central Park West & Broadway), (Wheelchair, enter on W 64 St. ramp). Contact: west63rdst@yahoo.com OPEN ALL NATIONAL HOLIDAYS WC							5:30 PM Qual
B R O O K L Y N (continues on p.2)	MON	TUE	WED	THUR	FRI	SAT	SUN
BORO PARK / MAPLETON – Public Library, 1702 60 th St, Basement Mtg Rm; GS Lunch OK. Library is closed all legal holidays. No meeting some Jewish holidays. Perl - victories1234@yahoo.com WC		1:00-1:45 PM Qual					
BROOKLYN HEIGHTS Realization Ctr, 175 Remsen St, 2 nd Fl., Tues/Thurs Marcia veganstar1@aol.com , Mon Shalisha firestarter.flame@gmail.com . WC	6:30 PM (NEW)	6:30 PM Qual		6:30 PM Lit, RR			

B R O O K L Y N (continued from p.1)	MON	TUE	WED	THUR	FRI	SAT	SUN
BORO PARK – Public Library , 1265 43 rd St, Basement Mtg Rm; No meeting some Jewish holidays, and all legal holidays. Chavie denmw301@gmail.com , Rochelle rochelle.kimmel@gmail.co WC			10:15 AM**** Big Book				
SATURDAY MORNING SERENITY – Brooklyn Heights Realization Ctr, 175 Remsen St, 2 nd Fl., Henry henryrose@gmail.com WC						11:00 AM Qual	
Q U E E N S	MON	TUE	WED	THUR	FRI	SAT	SUN
TRILOGY GROUP (3 DIFFERENT LOCATIONS): Monday at Rego Park Library , 91-41 63 rd Drive 11374, Stephen misterrecovery@yahoo.com . WC Weds at Forest Hills - Long Island Jewish Hospital (102-01 66th Rd, Forest Hills, New York 11375). WC 516-445-2222, realestateguy4u@aol.com Sunday at Grace Lutheran Church , 103-15 Union Turnpike, Forest Hills 11375, Ari realestateguy4u@aol.com	Rego Park Library 6:45 PM WC closed national holidays		NEW TIME & PLACE: 7:00 PM WC FH– LIJ Hospital open holidays				Grace Luther'n Church 6:30 PM
FLUSHING - Queen of Peace RC Church, 141-15 77 th Road, Zip 11367, RENOVATIONS ARE COMPLETE. Meeting is back in Convent Building, basement, side entrance. Elizabeth - emamrosh@gmail.com	s	5:45 PM Qual		5:45 PM Step			
LIVING IN THE GREY - ST. ALBANS , Robt Ross Johnson Fam Life Ctr, 172-17 Linden Blvd, Jam. Keisha - keishawilliamslove@yahoo.com WC			6:30 PM				
LONG ISLAND - N A S S A U C O U N T Y	MON	TUE	WED	THUR	FRI	SAT	SUN
MANHASSET , Unitarian Universalist Congregation, 48 Shelter Rock Rd; Alisa alisaalso@yahoo.com ; *** July & Aug meets 5 PM (Note format change) WC	8:00 PM Big Book (***5:00)	Closed for holidays July 4th & Labor Day (2016)					
WEST HEMPSTEAD , Wesley UM Church, 619 Fenworth Blvd (corn.Dogwood Av) in Franklin Square; George GSage@optonline.net		7:00 PM Qual					
NY 11803; 2nd Fl Classroom; SharanGSA2015@gmail.com PLAINVIEW , NSLIJ Plainview Hospital, 888 Old Country Road., @gmail.com , WC		6:15 pm Big Book 7:30 pm Qual	← Tues 6:15 pm Big Book Meeting starts Nov.1, 2016				
LIVING IN ABSTINENCE - MANHASSET , Unitarian Universalist Congregation, 48 Shelter Rock Rd; Wed--David DEZCFE@aol.com ; WC			8:00 PM Qual				
MANHASSET BACK-T0-BASICS (emphasis on W&M), Manhasset Quaker Meeting, 1421 Northern Blvd. No pets. Marie L. 917-270-1989 WC			8:00 PM BACK to BASICS				
SYOSSET , North Shore Univ Hosp, 221 Jericho Tpk,, Downstairs Doctors's lounge behind cafeteria. Joey, jmelmore@optonline.net WC				7pm Step 8pmQual			
FREEPART , Freeport Library, 144 W Merrick Rd, Freeport NY 11520; Cheryl cpcnesq@aol.com WC					7:45 PM		
MINEOLA–Winthrop Hosp , 259 1 st St (btw 1 st & Mineola Blvd.) 1 st Floor, Hoag Conference Room; Sat mtg—no pets except documented service animals. Sat: Linda M lindamack55@yahoo.com , Sun: Dottie, dottie301@hotmail.com WC	NOTE: CHANGE OF MTG ROOM Oct 2016					9:30 AM Qual; No pets	9:00 AM Qual
LONG ISLAND - S U F F O L K C O U N T Y	MON	TUE	WED	THUR	FRI	SAT	SUN
SAINT JAMES—“Another Suffolk Meeting!” St. James Epis. Church, 490 North Country Rd, NY 11780; in nursery school. Terry TMRN@optonline.net WC	7:30 PM Qual						
DEER PARK , Ascension Lutheran Ch, 33 Bayshore Rd, Rm 12. WC							7:30 PM Qual